

ALL DAY TAKEAWAY MENU

ACAI BOWL \$16

organic acai berry, strawberries, blueberries, banana, granola

SOURDOUGH TOAST \$7

white sourdough / rye sourdough / fruit loaf

HAM & CHEESE TOASTIE \$10

BANANA BREAD \$6

toasted w/ pepe saya butter

ZUCCHINI & CORN FRITTERS \$17 (v)

zucchini & corn fritters w/ labneh, harissa & zucchini salad

add poached egg +\$3.5

GRANOLA \$14 (v)

house made granola, vanilla bean yoghurt, poached fruits, honey, fresh berries

SMASHED AVOCADO \$15

charred sourdough w/ smashed avocado, zucchini ribbons, zaatar & whipped Danish feta

add poached egg +\$3.5

BACON & EGG ROLL \$11

smokey bacon rasher w/ free range fried egg & BBQ sauce on a milk bun

BREKKY WRAP \$15

scrambled free range eggs, bacon, roquette, aioli, harissa

BREKKY BURGER \$15

smokey bacon, free range fried egg, hash brown, American cheese, BBQ sauce

add wagyu beef patty +\$7

RICOTTA HOTCAKES \$18 (v)

ricotta hotcakes w/ caramelised banana, marscarpone, freeze dried raspberries, maple syrup

EGGS ON TOAST \$12

poached, fried or scrambled

burgers & wraps

PORTUGESE CHICKEN BURGER \$15

grilled peri peri marinated chicken, lettuce, tomato, mayo, peri sauce

CHEESEBURGER \$14

tajima wagyu beef patty, mustard mayo, tomato relish, American cheese & house pickles on a milk bun

WAGYU BURGER \$17

tajima wagyu beef patty, smokey bacon rasher, lettuce, tomato, cucumber pickles, American cheese, caramelised onions on a milk bun

VEGE BURGER \$16 (v)

zucchini & corn fritter, smashed peas, haloumi, cucumber, lettuce, aioli on a milk bun

GRILLED CHICKEN WRAP \$15

avocado, baby spinach, cabbage, beetroot hummus, aioli, Spanish onion

FALAFEL WRAP \$15

carrot, golden beetroot, rocket, cabbage, house pickles, tahini dressing, labneh

GREEK STYLE LAMB WRAP \$17

pulled lamb shoulder, roquette, cucumber, tomato, onion, labneh, harissa, dried herbs



sides

CHORIZO \$4

BACON \$5

MUSHROOMS \$4

AVOCADO \$4

POTATO HASH \$5

ROASTED TOMATO \$4

HALLOUMI \$5

CHIPS SML \$5 LRG \$8

SWEET POTATO FRIES \$9

bowls

SALMON POKE BOWL \$19 (gf)

sushi rice, salmon sashimi, pickled ginger, cucumber, baby rocket, cabbage slaw, nori crunch, radish, burnt leek & sesame dressing

PULLED LAMB SALAD \$21 (gf)

pulled lamb shoulder, sweet potato, chickpeas, mint, cucumber, rocket pomegranate, labneh, lemon dressing

FALAFEL BOWL \$19 (v)

mint, quinoa, rocket, beetroot hummus, golden beetroot, cherry tomato, Spanish onion, radish, tahini dressing

ROAST PUMKIN SALAD \$18 (v / gf)

kale, quinoa, beetroot, cherry tomato, feta, almonds, dill mustard dressing, hummus

add avocado +\$4

kids

KIDS HOTCAKE \$10

KIDS CHEESE TOASTIE \$10

KIDS FRUIT BOWL \$10

CHEESEBURGER & CHIPS \$13

FISH & CHIPS \$13

NUGGETS & CHIPS \$13

GRILLED CHICKEN & CHIPS \$13



Although we state certain items are gluten free on our menu, please inform our friendly staff when ordering if you have any food allergies. This will ensure complete safety whilst we prepare your meal.

v - vegetarian

gf - gluten free

vg - vegan

df - dairy free

– beverages –

– coffee –

- COKE \$4.5**
- COKE NO SUGAR \$4.5**
- SPRITE \$4.5**
- FANTA \$4.5**
- GINGER BEER \$4.5**
- LEMON LIME BITTERS \$6.5**
- SPARKLING WATER 750ml \$6**
- SODA WATER \$4**
- TONIC WATER \$4**
- KOMBUCHA \$6**
ginger lemon / peach /
raspberry lemonade /
passionfruit

fresh juice

- BLISS \$8.5**
pineapple, watermelon,
orange, passionfruit
- IN TUNE \$8.5**
apple, orange, carrot,
lemon, fresh turmeric
- ALKALINE \$8.5**
cucumber, apple, celery,
lemon, ginger
- ORANGE JUICE \$7**
- APPLE JUICE \$7**

smoothies

- ACAI \$10**
organic acai berry, mango, banana,
pineapple, honey, coconut water
- TROPICAL \$9**
blueberries, strawberries, mango,
spinach, coconut water
- BANANA \$9**
banana, honey, peanut butter, milk
- MANGO \$9**
mango, banana, honey, chia seeds, milk

shakes

- MILKSHAKES KIDS \$6 LGE \$8**
chocolate / strawberry / vanilla /
caramel / banana / Nutella
- THICKSHAKES KIDS \$7 LGE \$9**
chocolate / strawberry / vanilla /
caramel / banana / Nutella

add 30g
protein scoop
+\$3

ESPRESSO / PICCOLO / MACCHIATO \$3.5

FLAT WHITE / CAPPUCCINO / LATTE / LONG BLACK \$3.8 / \$4.3

COLD BREW COFFEE \$6

MOCHA \$4.2 / \$4.7

HOT CHOCOLATE \$3.8 / \$4.3

PRANA CHAI LATTE \$4.7

DECAF \$0.5



extra shot, soy milk, almond milk, oat milk, lactose free milk **\$0.7**

ICED COFFEE \$7.5

double espresso, icecream, milk

ICED LATTE \$6.5

double espresso, ice, milk

ICED LONG BLACK \$6

double espresso, ice, water

ICED CHOCOLATE \$6

chocolate, icecream, milk

ICED MOCHA \$7

double espresso, chocolate,
icecream, milk

BABYCINO \$1.5

– specialty tea –

English breakfast / green / earl grey / peppermint /
chamomile / lemongrass & ginger / masala chai **\$4.5**